

# BRIDGE

## Building Resilience, Inclusion, and Diversity for the next Generation in Education

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### AFFILIATIONS

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### ACTIVITY TYPE

BRIDGE is a Circle U. project promoting **equity and mental wellbeing** among early-career researchers. It brings together 3 universities for a 5-month training program with online workshops, peer mentoring, podcast creation, toolkit design, and local student-led events.



### OBJECTIVE

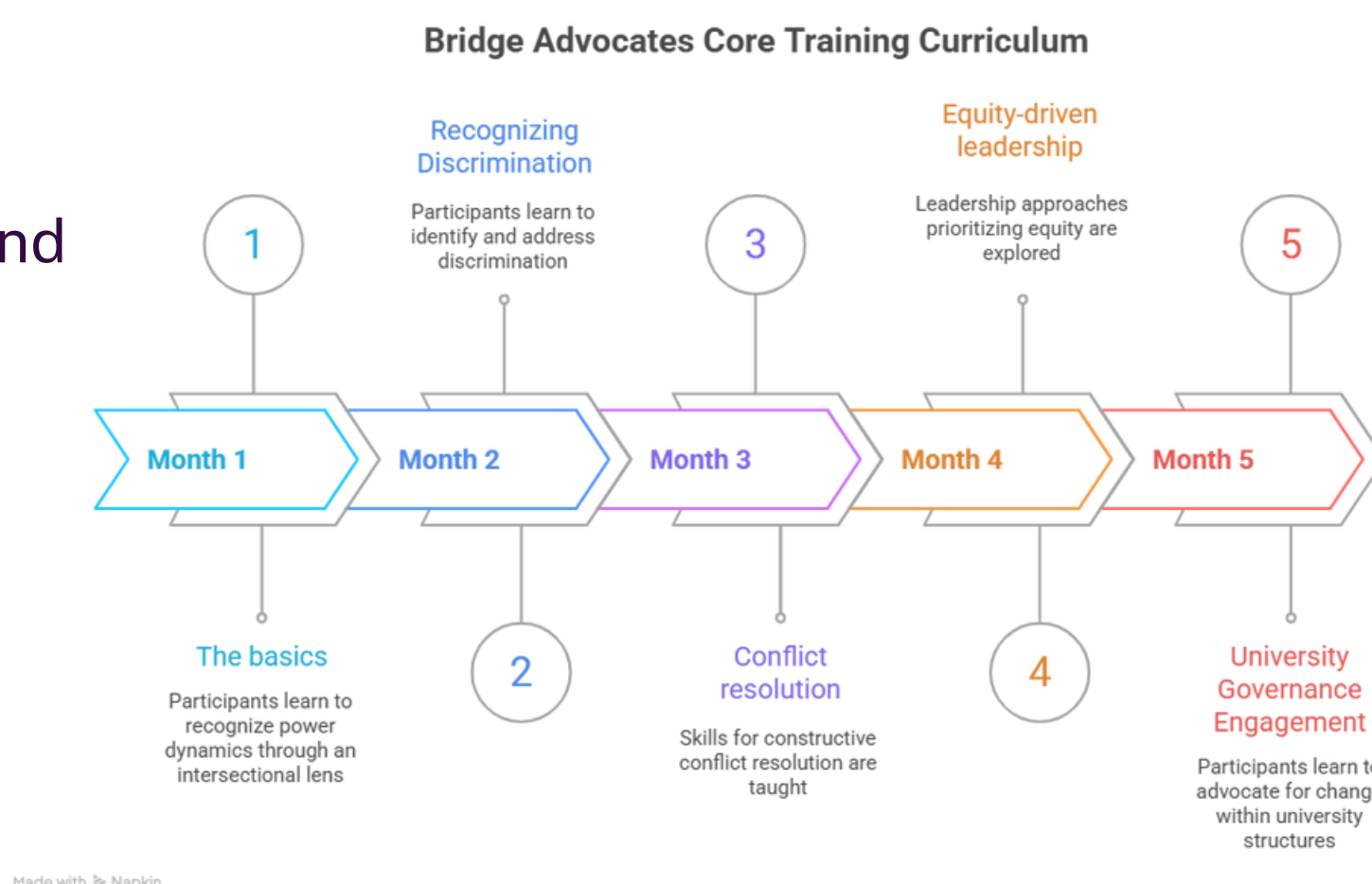
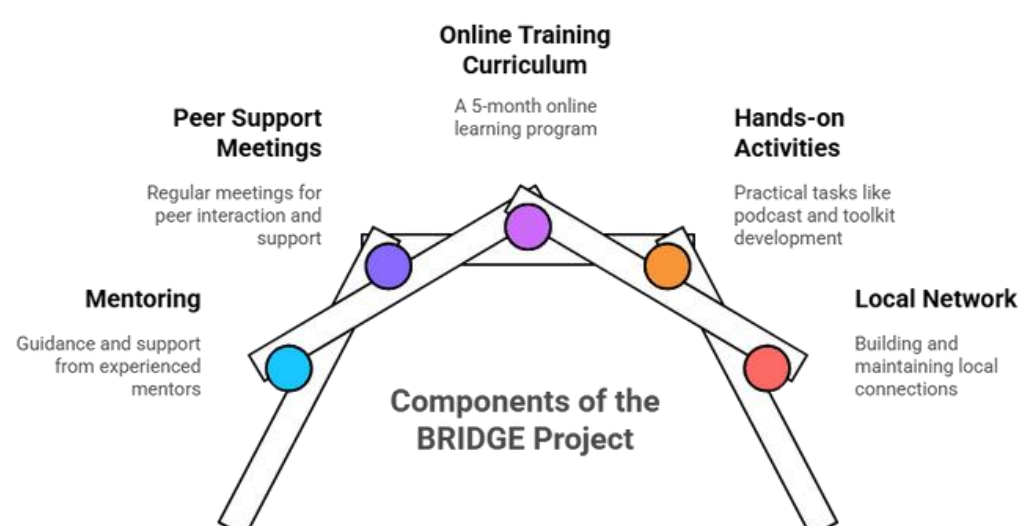
To tackle **structural disparities** in academia by building a cross-European network of early-career ambassadors for **equity and mental health**.

### EXPECTED OUTCOMES

- Stronger connections across universities
- Greater awareness of systemic inequities
- Tools for lasting cultural change in academia
- Open-access podcast & toolkit for broad use

### METHODOLOGY

BRIDGE supports 50 early-career researchers from underrepresented backgrounds with mentorship, training, and local action opportunities.



### EXPECTED LESSONS

**Peer-led, participatory approaches** can shift academic cultures from the ground up — and shared struggles can inspire shared solutions.

### CONTACT

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